## **Action Challenge**

Action Challenge welcomes guests with disabilities and particular needs but require advanced notice. Because the Action Challenge activities are physically demanding, not all activities will be suitable for all guests. Each activity has strict safety requirements. Our staff will be happy to discuss individual requirements either by phone/ email prior to your visit or on site during your stay.

## **Entrance**

The entrance to Action Challenge is located on the opposite side of the lake to the Boathouse. Level access is provided through a small five bar gate.

## **Accessible Toilets**

The closest accessible toilets are located at the Boathouse.

All guests are required to complete a medical questionnaire which must be brought to your first activity.

These are available from any Leisure Booking Point.

Should you wish to discuss activity suitability please contact our Guest Services line and leave your name, telephone number/email address, date of visit and a brief description of your individual requirements and one of our Action Challenge team will contact you.

Activity	Notes / Restrictions
3G Swing Zip Wire	Activity is suitable for majority of guests with disabilities, however, the full use of one arm is required, and the ability to follow instruction is essential. One to one sessions can be arranged with appropriate notice (minimum notice required: 2 weeks)  A hoist available to provide assistance in accessing this activity. Staff are trained in safe hoist operation but are not trained in person handling and are unable to provide assistance in transfer.
Abseiling Challenge Course Climbing High Ropes	Activity is suitable for some guests with disabilities, however, full use of arms and legs is required, along with the ability to follow instruction.
Aerial Trek	Activity is suitable for majority of guests with additional needs, however, the full use of one arm and both legs is required, and the ability to follow instruction is essential.

## Tree Trekking

Located between the boardwalk and the path to the Boathouse.

Tree Trekking welcomes guests with additional needs but require advanced notice. Because tree trekking is physically demanding it may not be suitable for all guests. This activity has strict safety requirements, which our staff have to follow for health & safety reasons. Out staff will be happy to discuss individual requirements either by phone prior to your visit or on site during your stay.

Entrance is at the top of the flight of steps and finishes at the end of the zip wire on a platform, which has steps down to the path around the lake.

The nearest accessible toilets are located within the Boathouse.