

Aqua Sana Spa

Aqua Sana Spa is located next to Foresters' Inn, approximately 15 minutes' walk along flat paths from the Village Square.

Access for carers

If you require assistance to use the experiences within Aqua Sana, your carer may enter at no cost.

Day Spa visitor car park

For Spa day visitors, the car park is a 2-3-minute walk with a slight slope up to the main entrance to Aqua Sana. The car park has an accessible car parking space.

Cycle park

A cycle park is situated very close to the main entrance to Aqua Sana.

Entrance and reception

The main entrance to the Aqua Sana has automatic double doors with a wide lobby.

A lowered counter is available at the end of the reception counter.

Toilets

Accessible toilets are available in both male and female changing facilities and a unisex accessible toilet is available within the Spa.

Changing facilities

There is a private changing area in both the ladies and male changing rooms.

For guests requiring assistance from a carer of the opposite sex, please alert staff to this requirement at the time of booking or arrival at the Aqua Sana and staff will facilitate your carer's access to the changing facilities with you.

Spa

Lighting is subdued throughout the Spa during the evenings. Some of the experiences contain subdued or no light. By the very nature of this facility, the floors get wet.

Access to Spa

The Spa entrance has steps leading down into it. A lift is also provided.

A lift provides access to the upper level of the spa area. On the upper level there are relax areas and three seating areas, one of which has a ramp leading to it.

A hoist is available (Oxford dipper – maximum safe working load 140kg) to provide access to the hydrotherapy pool.

Many of the Spa Experiences have space constraints. This means most have limited access for guests in wheelchairs unless they are able to transfer to seating within the experience in tight space from in front of the seat. A small number include steps at entry. Some seating (Balinese) is a pod construction and may be challenging to sit in with mobility constraints.

Many of the experiences involve heat and steam and will make exposed metal work on wheelchairs hot enough to burn.

The Aqua Meditation experience is fully accessible, is of an ambient temperature and does not involve heat or steam.

The reflexology footbaths require the ability to lift legs over a plinth of 520mm to use.

There is a single door opening into the Tyrolean garden, leading to a small, level paved area. Beyond this, there is a raised grassed area, which is not wheelchair accessible.

There is a single door opening into the Zen Garden, leading onto a level wooden decking. Beyond this, is a 'feature garden', including pebble pathways.

Aqua Sana treatments

Some treatments may not be suitable for guests with some medical conditions. A doctor's note may be required. Please see current requirements in the Terms and Conditions of booking. All guests are required to complete a consultation form prior to treatment.

We do have a range of therapies developed with Made for Life Foundations which are suitable for guests for whom other treatments are not possible. Please discuss your needs at the time of booking.

Lighting in treatment rooms is normally subdued. If you require additional lighting please identify this at the time of booking.

Couches in treatment rooms are adjustable in height and tilt but will not descend to the floor. Guests must be able to transfer themselves onto couches or must bring a carer to provide assistance. Showers in treatment rooms are not wheelchair accessible.

The Spa Suites

There are four suites, two of which are at ground level. There is a small/dining area with a larger seating area leading out to a balcony. There is double/ twin bedroom with an ensuite round bath tub. There is a small shower area and toilet. There are significant space constraints for wheelchair users. However, with a degree of mobility, and an appropriate carer/partner/assistant access may be achieved. Please enquire at the time of booking.

Vitale Café Bar

This is located within the main area of the Aqua Sana and is fully accessible. Double doors lead out onto a level, paved patio area.

The counter does include a lowered area.

Accessible toilets are located in the changing rooms with are directly opposite Vitale.

The area is generally quiet with an abundance of natural light.