

Outdoor Activity Centre

Main Building

The entrance to the Outdoor Activity Center is on a level surface

The check in area is provided with a low-level counter.

A clipboard can be provided for signing documentation when required.

Accessible toilets, changing rooms and toilet equipped with emergency pull cord alarm are available.

Pathways

These are made from hard core, level and suitable for wheelchair use.

Benches/chairs are available near the activities for viewing purposes.

Paintball

This activity involves traversing on a forest environment on foot at speed to shoot at fellow players.

Barricades are fixed in various locations and the event involves running between them. The playing arena, although on level ground, has a surface of loose bark chippings which in adverse weather conditions becomes harder to negotiate.

The age limit for his activity is 12 years and older however, 12-13-year olds need a participating adult with them.

The fundamental aim of this activity means that it may be challenging for those with limited degree of mobility, or those with impaired sight. To take part in this activity it is important that all participants can follow and abide by instructions given by the instructor.

Junior Quads

This activity involves riding a quad vehicle around a designated track. Being able to turn the handle bars and apply the brakes effectively is essential on this activity. Participants must be able

to touch the footpads with their feet, the age limit for this activity is 6-11 years and the maximum weight limit is 6.4 stone / 41kg. The fundamental aim of this activity means that it may be challenging for those with limited mobility or with impaired sight. To take part in this activity it is important that all participants can follow and abide by instructions given by the instructor.

Quad Safari

This activity involves riding a quad vehicle around a designated track. Being able to turn the handle bars and apply the brakes effectively is essential on this activity. Participants must be able to touch the footpads with their feet, the age limit for this activity is 12 years and older, the weight limit for this activity is a maximum 21.7 stone / 138kg. The fundamental aim of this activity means that it may be challenging for those with limited mobility or impaired sight. To take part in this activity it is important that all participants can follow and abide by instructions given by the instructor

Target Archery Site

This activity involves shooting at target faces approximately 15m away. The ground around the shooting line is even and concrete. This means this activity is suitable for guests using wheelchairs. Guests with partial sight can participate in this activity with verbal instruction and physical assistance from the instructor or a member of the guest's party. Please note enough upper body strength is needed to draw the bow fully. The age limit for this activity is 10 years and older. To take part in this activity it is important that all participants can follow and abide by instructions given by a qualified instructor.

Field Archery Site

This activity involves traversing a forest environment to shoot at 9 different 3D animal shaped targets. The area itself between targets is uneven ground which participants with limited mobility may find difficult to negotiate, especially in adverse weather conditions. Those who have impaired sight may find this activity

challenging. The age limit for this activity is 10 years and over. To take part in this activity it is important that all participants can follow and abide by instructions given by a qualified instructor. It is also useful to note that enough upper body strength is required to draw the bow fully.

Crossbow

This activity involves shooting a crossbow at targets face located approximately 10m from the shooting line. Being able to cock the crossbow and effectively aim is essential on this activity. The crossbows are attached to a beam roughly 4-5 feet off of the ground. Participants must be at least 12 years old. The area that the Crossbows are attached is even and wood chipped. The fundamental aim of this activity means that it may be challenging for those with limited mobility or with impaired sight. To take part in this activity it is important that all participants can follow and abide by instructions given by the instructor.

Segways

This activity involves riding a Segway around a designated practice track and then onto an off-road section including obstacles. Being able to distribute your weight by leaning backwards and forwards is necessary. The ability to stand for a moderately long period of time is required which is approx. 45 minutes. The age limit for this activity is 12 years and older, the weight limit for this activity is minimum of 7 stone / 44.5kg and a maximum of 18.7 stone / 117.5kg. The fundamental aim of this activity means that it may be challenging for those with limited mobility or with impaired sight. To take part in this activity it is important that all participants can follow and abide by instructions given by the instructor.

Off Road Explorers

This activity involves driving a small vehicle around a designated track. Being able to turn the steering wheel and press the pedal effectively is essential on this activity. Also the

participants must be able to sit inside safely, the age range for this activity is 3-7 years old. One designated mobile adult is required to support each child on this activity. The fundamental aim of this activity means that it may be challenging for those with limited mobility or with impaired sight. To take part in this activity it is important that all participants can follow and abide by instructions given by the instructor.

Laser Combat

This activity involves traversing on a forest environment on foot at speed to shoot at fellow players. Situated in the laser combat field are various different size and shaped buildings and barricades which will be used as cover. The playing arena, is on a decline and in adverse weather conditions can become harder to negotiate. The age limit for his activity is 6 years and older however, 6-8 years need to be accompanied by a participating adult. The fundamental aim of this activity means that it may be challenging for those with limited degree of mobility, or those with impaired sight. To take part in this activity it is important that all participants can follow and abide by instructions given by the instructor.