

# Your activity planner

Getting your party together to plan all the things you're going to do on your break... it's where the fun really starts. Especially as you can book them at the same time, and relax knowing your places are reserved.



Children's Activities In the Den	Duration	Price from	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Chocolate Chefs Academy (3-7 years)	3 hours	€33.00			9.30am				2pm
Crêche (3-23 months)	3 hours	€28.00		2.15pm	9am, 2.30pm	9am, 1.30pm		1pm	9am, 2.15pm
Crêche (24-35 months)	3 hours	€28.00		2.15pm	9am, 2.30pm	9am, 1.30pm		1pm	9am, 2.15pm
Pirate and Princess Adventure (3-7 years)	3 hours	€33.00		2pm					8.45am
Wizard Academy (3-7 years)	3 hours	€33.00				2pm		1.30pm	
Children's Activities Up to 11 years	Duration	Price from	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Archery - Little Outlaws (3-5 years)	30 minutes	€12.50		From 1.15pm		11.30am		From 10.30am	
Archery - Mini Crossbows (3-7 years)	30 minutes	€10.75			From 11.45am	12.15pm			From 11.45am
Crazy Science (3-7 years)	1 hour	€11.75		9am, 10.30am	9am, 10.30am	From 12.15pm		1.15pm, 3pm	2.30pm, 4.15pm
Cupcakes For Little Ones (3-7 years)	45 minutes	€13.50		1pm, 2.15pm		3.45pm		9.30am	10.45am, Noon
Den Building and Decorating (3 years+)	1 hour 30 minutes	€54.00 per plot		10am, 12.30pm	1.30pm	9.30am		9.30am, 2.45pm	9.30am, 2.30pm
Face Painting (3 years+)	10 minutes	€6.00	10am-2.20pm	9.30am-3.50pm	9.30am-3.50pm	9.30am-3.50pm	10am-2.20pm	9.30am-3.50pm	9.30am-3.50pm
Fencing for Juniors (Child 6-9 years) (Adult 18 years+)	1 hour	€22.00 per pair		2pm	9am			2pm	3.15pm
Hair Braiding (3 years+)	10 minutes	€6.00	10am-2.20pm	9.30am-3.50pm	9.30am-3.50pm	9.30am-3.50pm	10am-2.20pm	9.30am-3.50pm	9.30am-3.50pm
Mucky Pups (18-36 months)	1 hour	€8.50		12.15pm, 2pm	1pm, 2.30pm	8.45am, 10.15am		9am, 10.30am	8.45am, 10.15am
Roller Skating (6 years+) (Minimum skate size junior 8) (Maximum skate size adult 12)	1 hour	€9.50		4.30pm, 5.45pm		1.30pm	6.15pm	6.30pm	5pm
Roller Tots (2-5 years) (Junior skate size 6-9/10-13)	30 minutes	€9.50			11.30am, 12.15pm				11am, 11.45am
Sensory Play Babies (8 weeks-Crawling)	30 minutes	€9.00		9.45am				10.30am	
Sensory Play Toddlers (Crawling-36 months)	30 minutes	€9.00		10.45am				9.45am	
Soccer Coaching (3-5 years)	45 minutes	€11.50		9.15am		8.45am		9am	9am
Soccer Coaching (6-11 years)	1 hour 30 minutes	€15.50						11am	
Soccer Play (18-35 months)	45 minutes	€8.00		11.45am	9am	3pm		10am	10am
Teach me Balance Bike (2-5 years)	45 minutes	€10.75		2pm, 3.15pm	10.15am	11am, Noon		11.45am, 1pm	2pm
Teddy Bear Making (3 years+)	10 minutes	€27.50	From 10am	From 9.30am	From 9.30am	From 9.30am	From 10am	From 9.30am	From 9.30am
Teddy Bears' Picnic (2-5 years)	1 hour	€11.75		12.15pm		Noon		11.45am	12.30pm
Tennis For Tots (3-5 years)	30 minutes	€7.00				10am			

Indoor Activities Includes Ten Pin Bowling and Creative Pursuits	Duration	Price from	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
American Pool	1 hour	€8.75	8.45am-7.45pm	8.45am-7.45pm	8.45am-7.45pm	8.45am-7.45pm	8.45am-7.45pm	8.45am-7.45pm	8.45am-7.45pm
Badminton	45 minutes	€8.50	8.45am-8pm	8.45am-8pm	8.45am-8pm	8.45am-8pm	8.45am-8pm	8.45am-8pm	8.45am-8pm
Family Cupcake Decorating Workshop (8 years+)	1 hour 30 minutes	€29.00		3.30pm	12.15pm	1.45pm		10.45am	2pm
Family Sports Day (5 years+)	1 hour	€8.00		Noon					
Fencing (10 years+)	55 minutes	€17.50		3.15pm	10.15am			3.30pm	9am
Indoor Climbing Adventure (4 years+) (Minimum height 1.10 metres)	55 minutes	12 years+ €20.00 Under 12s €17.00		From 9am	From 9am	From 9am		From 9am	From 9am
Pottery Painting Studio (1 month+)	1 hour 30 minutes	Studio Fee 12 years+ €6.50 Under 12s €5.50	9.30am-3.30pm	9.30am-3.30pm	9.30am-3.30pm	9.30am-3.30pm	9.30am-3.30pm	9.30am-3.30pm	9.30am-3.30pm
Racket Ball	45 minutes	€10.50	8.45am-8pm	8.45am-8pm	8.45am-8pm	8.45am-8pm	8.45am-8pm	8.45am-8pm	8.45am-8pm
Short Tennis	45 minutes	€8.50	8.45am-8pm	8.45am-8pm	8.45am-8pm	8.45am-8pm	8.45am-8pm	8.45am-8pm	8.45am-8pm
Snooker	1 hour	€8.25	8.45am-7.45pm	8.45am-7.45pm	8.45am-7.45pm	8.45am-7.45pm	8.45am-7.45pm	8.45am-7.45pm	8.45am-7.45pm
Squash	45 minutes	€11.00	8.45am-8pm	8.45am-8pm	8.45am-8pm	8.45am-8pm	8.45am-8pm	8.45am-8pm	8.45am-8pm
Table Tennis	30 minutes	€7.50	8.45am-8.15pm	8.45am-8.15pm	8.45am-8.15pm	8.45am-8.15pm	8.45am-8.15pm	8.45am-8.15pm	8.45am-8.15pm
Ten Pin Bowling Lanes	45 minutes	€31.00 up to 4 people €34.50 up to 6 people	8.50am-11pm	8.50am-11pm	8.50am-11pm	8.50am-11pm	8.50am-11pm	8.50am-11pm	8.50am-11pm
Ten Pin Bowling Lanes	60 minutes		8.50am-10.55pm	8.50am-10.55pm	8.50am-10.55pm	8.50am-10.55pm	8.50am-10.55pm	8.50am-10.55pm	8.50am-10.55pm

Exercise and Fitness	Duration	Price from	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Cheerleading (3-7 years)	45 minutes	€9.25			11.30am			12.45pm	
Cheerleading Party (12 years+)	55 minutes	€9.25			3.15pm				
Pilates (14 years+)	55 minutes	€9.25				1.45pm			12.45pm
The Gym (16 years+) - Week, Weekend or Midweek Pass	Up to 2 hours per day	€15.00 per pass	8am-8pm	8am-8pm	8am-8pm	8am-8pm	8am-8pm	8am-8pm	8am-8pm
Yoga (14 years+)	55 minutes	€9.25		12.45pm		9am			
Zumba (14 years+)	55 minutes	€9.50		9am		4.15pm		11.30am	

Pool Activities Subtropical Swimming Paradise	Duration	Price from	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Aqua Jetting (8 years+)	30 minutes	€17.00	9.15am	8am, 8.45am	8am, 8.45am	8am, 9am	9.15am	8am, 8.45am	8am
Baby Dolphins (Under 3s)	30 minutes	Free			9.30am			9.30am	
Family Cabanas	3 hours	€65.00	From 10.05am	From 10.05am	From 10.05am	From 10.05am	From 10.05am	From 10.05am	From 10.05am
Mermaids and Sharks (6-12 years)	45 minutes	€25.00		8am	8am, 9am	9am		8am	8am, 9am
<b>Participants must be able to swim 25 metres confidently and tread water for 30 seconds both unaccompanied.</b>									
Mini Jet Skis (3-7 years)	10 minutes	€9.00	From 8am				From 8am	9am	
Snorkelling (8 years+) - Learn Snorkelling	1 hour	€20.00		9am		8am			8.45am

Outdoor Activities Includes Adrenaline and Outdoor Sports	Duration	Price from	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Adventure Golf - 9 holes	1 round	12 years+ €8.00 Under 12s €6.75	10am-4pm	10am-4pm	10am-4pm	10am-4pm	10am-4pm	10am-4pm	10am-4pm
Aerial Adventure (Minimum height 1.22 metres) (Maximum weight 18 stone)	1 circuit and descent	€32.00		From 9am	From 9am	From 9am		From 9am	From 9am
Aerial Tree Trekking (Minimum height 1.10 metres) (Maximum weight 18 stone)	1 circuit	€30.00		From 9.15am	From 9.15am	From 9.15am		From 9.15am	From 9.15am
All Archery (10 years+)	2 hours 30 minutes	12 years+ €38.00 Under 12s €30.00		10.30am	10am	10am		10am	10am
Archery - Field Archery (10 years+)	1 hour 30 minutes	12 years+ €26.00 Under 12s €22.00		2pm	2pm, 3.40pm	2pm, 3.40pm		2pm, 3.40pm	2pm, 3.40pm
Archery - Robin Hood and Little Johns (Child 6-9 years) (Adult 18 years+)	45 minutes	€20.00 per pair		From 10am	From 10am	From 10am		From 10am	From 10am
Archery - Target Archery (10 years+)	55 minutes	12 years+ €21.00 Under 12s €17.00		2pm, 3pm	From 11am	From 11am		From 11am	From 11am
Astro Turf Pitch Hire	1 hour	€31.50	8am-6pm	8am-6pm	8am-6pm	8am-6pm	8am-6pm	8am-6pm	8am-6pm
Geocache	2 hours	€21.00 (group of 4)		From 9.30am	From 9.30am	From 9.30am		From 9.30am	From 9.30am
Laser Clay Shoot Out (10 years+)	45 minutes	12 years+ €27.00 Under 12s €23.00		From Noon	From Noon	From Noon		From 2pm	From 2pm
Laser Combat (6 years+)	1 hour 15 minutes	12 years+ €24.00 Under 12s €20.00		10am, 11.30am	From 10am	From 10am		From 10am	10am, 11.30am
Little and Large Soccer (6 years+)	1 hour	€10.25		10.30am					
Off-Road Explorers (3-7 years)	30 minutes	€12.00		From 10am	From 10am	From 10am		From 10am	From 11.25am
Segway Experience (12 years+) (Minimum weight 7 stone) (Maximum weight 18.5 stone)	45 minutes	€30.00		From 10am	From 10am	From 10am		From 10am	From 10am
Soccer Tournament (12-15 years)	1 hour	€10.25							11.15am
Soccer Tournament (16 years+)	2 hours	€10.25						1.30pm	
Tennis Courts	1 hour	€11.25	8am-6pm	8am-6pm	8am-6pm	8am-6pm	8am-6pm	8am-6pm	8am-6pm
Treasure Trail	1 hour 30 minutes	12 years+ €6.50 Under 12s €5.50		1.30pm	1.30pm	1.30pm		1.30pm	1.30pm

Nature	Duration	Price from	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Build a Nature House (5 years+)	1 hour	€20.00		9.15am	9am				9.30am
Creepy Crawlies (3-7 years)	1 hour 30 minutes	€8.00		1.30pm	10.45am	9.30am		9.45am	
Dawn Nature Walk (4 years+)	1 hour 30 minutes	€8.75		7am		7am			7am
Family Nature Journal (3-7 years)	1 hour 30 minutes	€21.00		3pm				3.30pm	
Nature Detectives (3-7 years)	1 hour	€11.75				3pm			1.30pm
Wildlife Walk (4 years+)	1 hour 30 minutes	€8.75			12.30pm	12.30pm		11.15am	11am
Willow Workshop (8 years+)	1 hour 30 minutes	€20.50		10.45am	3.30pm			1.30pm	

Watersports The Boathouse	Duration	Price from	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Canoe Capers (8-11 years)	1 hour	€22.00		10.45am	10.45am	10.45am		10.45am	10.45am
Craft Hire	30 minutes	€9.75	From 10am	From 10am	From 10am	From 10am	From 10am	From 10am	From 10am
Electric Boat Hire	30 minutes	€27.00	From 10am	From 10am	From 10am	From 10am	From 10am	From 10am	From 10am
Junior Captains' Adventure (8-11 years)	40 minutes	€23.50		2.45pm	2.45pm	2.45pm		2.45pm	2.45pm
Mini Captains' Adventure (3 years+)	40 minutes	€23.50		From 9.45am	From 9.45am	From 9.45am		From 9.45am	From 9.45am
Raft Building (8 years+)	1 hour 30 minutes	€26.00			9am, 1.30pm			9am	1.30pm
Stand-Up Paddle Board Tuition (10 years+)	1 hour	€32.00		From 9.30am		From 9.30am		1.45pm, 3pm	9.30am, 3pm

Aqua Sana Spa and Treatments	Duration	Price from	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
A World of Spa (14 years+)	3 hours	€42.00		From 9am	From 9am	From 9am	From 9am	From 9am	From 9am
Express Treatments (14 years+)	Varies	€14.00		From 10am	From 10am	From 10am	From 10am	From 10am	From 10am
Spa Treatments (18 years+)	Varies	€46.00		From 10am	From 10am	From 10am	From 10am	From 10am	From 10am

## Dining Out

You'll find a great choice of restaurants, cafés and bars to suit every taste. Choose from our own exclusive restaurants, including Cara's Kitchen and Bar, Huck's American Bar and Grill and Rajinda Pradesh.

**Our restaurants are always popular, so make sure you book your table in advance.**

Restaurants, Events and Entertainment	Duration	Price from	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
Bella Italia		€5.00 deposit per person	From 4pm	From 4pm	From 4pm	From 4pm	From 4pm	From 4pm	From 4pm
Cara's Kitchen and Bar		€5.00 deposit per person	From 4pm	From 4pm	From 4pm	From 4pm	From 4pm	From 4pm	From 4pm
Huck's American Bar and Grill		€5.00 deposit per person	From 4pm	From 4pm	From 4pm	From 4pm	From 4pm	From 4pm	From 4pm
Rajinda Pradesh		€5.00 deposit per person		From 4pm	From 4pm	From 4pm	From 4pm	From 4pm	From 4pm



## The benefits of pre-booking your activities, restaurants and Aqua Sana Spa



### The time and date you want

If you pre-book your activities and restaurants before your arrival, you can make sure that you and your family get the time and day that you want.



### You don't miss out

Activities, Aqua Sana Spa and restaurants are very popular so you make sure you pre-book which ones you and your family want so you don't miss out. You can still book activities, restaurants and Aqua Sana Spa on village but there may be limited availability.







## Longford Forest

# Your Activity Planner



## Your break in a nutshell

Fill your break with memorable moments. Take your pick from our activities and write down your choices below. Then let us know at [centerparcs.ie](http://centerparcs.ie).

	Morning	Afternoon	Evening
Monday	<b>Just arrived?</b> Take a stroll, take in that fresh air!		
Tuesday		Fancy heading out to the treetops?	
Wednesday			
Thursday			Indian or Italian? Your choice
Friday	<b>Just arrived?</b> Get out there, get to know your village		
Saturday	Get creative! Visit the Pottery Painting Studio		
Sunday		Fancy a relaxing afternoon in Aqua Sana Spa?	

## The fun starts here...

Plan your activities with our helpful guide – and book your places with our easy online booking service.

### Relax, knowing your whole break is planned before you arrive...

Your stay at Center Parcs is just a few weeks away – and now is the time to start getting excited. By choosing in advance, you can look forward to your break knowing that everything's been arranged before your arrival. It's never been easier to discover adventures for all ages and abilities to try together.

We've made booking activities, restaurants and Aqua Sana Spa simple. So, if you get the family together and visit the Center Parcs website, your break can begin!

- Browse things to do at Center Parcs, adding filters to make your search more specific
- Assign other guests to activities, so you know who's taking part in what
- View your itinerary for your break
- Invite other guests to create an account so they too can view the itinerary, search and book things to do



## Cycle Centre

We have the perfect cycle for everyone, from traditional to premium branded; from trailers to child seats. Here are examples of what our Cycle Centre offers.



### Adult Mountain Cycle

Features a high cross bar, seven speed gears, dynamo front light and cushioned saddle.

Available in three frame sizes:

- Small 16" frame RHR 150cm
- Medium 17" frame RHR 165cm-175cm
- Large 19" frame RHR 175cm upwards

RHR=recommended height range



### Child's Cycle

Available for 3-12 years or under 150cm. We have a wide range of cycle helmets for toddlers and juniors to hire or to buy.

- Available in four frame sizes: 12", 16", 20", 24"
- Stabilisers only available on 12" and 16"
- Dynamo front lights only available on 20" and 24"



### Premium Cycles

Get around the village in style during your break, by hiring one of our premium mountain bikes.

With front suspension, hydraulic braking and great gear ranges, our premium mountain bikes are perfect for exploring the village. They're just as comfortable on rougher tracks as they are on main paths, and they come in three sizes.

To enjoy this activity, you must be taller than 4ft 9in / 145cm.

## On your break...

### Extra Sessions

We often run additional sessions when pre-scheduled activities book up, so make sure you check at a Booking Desk on your break for availability.



### For the whole family

Our activities are designed with the whole family in mind, at Ten Pin Bowling there's special slides for little ones and we have children's rackets for indoor sports. Just ask our members of staff.

### Pay and Play

Don't forget there are many things you can do at Center Parcs that you don't need to book in advance like Snooker and Adventure Golf.



#### General Information

- For the safety of pedestrians, no cycles, scooters, skateboards or skates are allowed in the main buildings, Village Square or on designated pathways
- Any medical supplies ordered for use during your stay e.g. O2/dialysis fluid, should be collected from Guest Services on the day you arrive, using your own vehicle
- Should you have the need to bring medication with you onto the village, please limit this to only the amount necessary for the duration of your stay
- Sharps disposal boxes and clinical waste disposal bags are available from Guest Services and should be returned there for disposal; do not put them in normal waste containers
- You're welcome to bring your own cycles providing they are in good condition, but please remember that even in our protected environment, we are not immune to thefts. Custom-built and 'designer' cycles may be particularly vulnerable, so we strongly recommend you use a five star lock whenever leaving your cycle.
- Locks are available from the Cycle Centre. Remember not to attach the lock to quick release wheels. We also suggest you keep your cycle in your accommodation overnight and remove cycle racks from your car
- When using cookers, ovens or grills in your accommodation please do not leave them unattended. Please do not bring your own cooking equipment to any village
- You can read our Safety Guide before your break at [www.centerparcs.ie/safety\\_information](http://www.centerparcs.ie/safety_information)

#### Activity Booking Terms and Conditions

Before making a booking, we strongly advise you to read our terms and conditions carefully – they set out the terms and conditions on which you are making an activity booking.

For full details, please check online at: [www.centerparcs.ie/information/terms-and-conditions.html](http://www.centerparcs.ie/information/terms-and-conditions.html)

If you are unable to access the information online, they are available on request from our Contact Centre on **03448 267723**

#### Health and Safety

Your health and safety is our paramount concern. To protect your wellbeing, certain activities and treatments have very specific health and safety constraints.

When you make a booking online, there will be a link to specific health and safety constraints if they apply to that activity. Please read these before making a booking.

If you are booking an activity via the Contact Centre on **03448 266200** they can provide you with details of any specific constraints that apply.

#### Useful Telephone Numbers

- Activity Booking (ROI) **1890 818505**  
(UK/Nl) **03448 267757**
- Emergency Number (00 353) **043 331 1111**
- Security Main Number (00 353) **043 331 1012**
- Guest Services Number (00 353) **043 331 1030**

- You must be accompanied by a person aged 18 or over
- You must be accompanied by a paying participant aged 18 or over
- For children 8 years and under bring a paying participant aged 18 or over

