# BREAKFAST MENU

# SAVOURY

### FULL ENGLISH 8.95 EGGS BENEDICT ©

one free range fried egg, Cumberland sausage, cured bacon, beans, grilled tomato, hash brown with sourdough toast (1023 kcal)

#### GRAND BREAKFAST 12.95

two free range fried eggs, Cumberland sausage, cured bacon, black pudding, beans, grilled tomato, hash brown with sourdough toast (1479 kcal)

### VEGETARIAN BREAKFAST ⊗⊚© 7.95

one free range fried egg, sautéed mushrooms, beans, grilled tomato, avocado, sweetcorn fritters with sourdough toast (594 kcal)

# VEGAN BREAKFAST (® © 6.9!

sautéed mushrooms, beans, grilled tomato, avocado, sweetcorn fritters with sourdough toast (380 kcal)

# two poached eggs, smoked ham and

two poached eggs, smoked ham and Hollandaise sauce served on toasted English muffin (511 kcal)

#### EGGS ROYALE

two poached eggs, smoked salmon and Hollandaise sauce served on toasted English muffin (635 kcal)

#### EGGS FLORENTINE ①

two poached eggs, wilted spinach and Hollandaise sauce served on toasted English muffin (620 kcal)

#### SCRAMBLED EGGS ON TOAST ♥®

three free range eggs on sourdough toast (845 kcal)

### FXTRAS 150

#### FREE RANGE EGG

(fried 214 kcal, poached 81 kcal, scrambled 154 kcal)

CUMBERLAND SAUSAGE (194 kcal)

CURED BACON (148 kcal)

SMOKED SALMON (172 kcal)

BEANS (61 kcal)

HASH BROWN (456 kcal)

AVOCADO (171 kcal)

SAUTÉED MUSHROOMS (57 kcal)

TOAST AND BUTTER (418 kcal)

# SWEET

#### PASTRIES V®

2.90 EACH

PANCAKES ®

7.95

7.95

8.25

7.50

6.95

choose from an all-butter croissant with jam (446 kcal), pain au chocolat (259 kcal) pain au raisin (281 kcal), or almond croissant (338 kcal)

FRESH FRUIT SALAD (® 🕸

5.50

(104 kcal)

three warm pancakes (281 kcal), topped with your choice of: bacon, banana and maple syrup (325 kcal), fresh berries and fruit compote (94 kcal)



# LUNCH MENU

SERVED 12:00 TILL 16:00

All dishes served with your choice of fries (270 kcal) or salad (96 (27 kcal)

Upgrade to sweet potato fries (388 kcal) for 50p

11 95

CROQUE MADAME

Please inform team members of any

dietary and allergen requirements.

pulled ham hock & cheese toasted sandwich topped with béchamel sauce and a fried egg (765 kcal)	11.93	
CROQUE MONSIEUR ® pulled ham hock & cheese toasted sandwich topped with béchamel sauce (505 kcal)	10.50	
STEAK BAGUETTE with Dijon mayonnaise, red onion chutney and rocket (918 kcal)	13.50	
CHICKEN BAGUETTE with Dijon mayonnaise and baby gem lettuce (816 kcal)	12.50	
CAMEMBERT BAGUETTE ♥ baby gem lettuce, plum tomato and red onion chutney (748 kcal)	11.95	
FRENCH ROLLED OMELETTE (362 kcal) three free-range eggs with your choice of fillings: cheese (125 kcal) - ham (47 kcal) - tomatoes (57 kcal) - mushrooms (57 kcal) - spinach (70 kcal)	13.50	
STEAK FRITES @ ® 50z minute steak with balsamic, roasted shallot and garlic butter - best served pink (331 kcal)	13.50	

CAFÉ ROUGE

We've taken our favourite dishes from France and brought them back for you, with our own spin. We hope you enjoy them as much as we did finding them.

Good company is best enjoyed the same way you enjoy a good meal, often and with wine.

BREAD AND OLIVES	<u> </u>		
OLIVES (@) @ plump, juicy, large green Giaraffa olives (167 kcal)	3.50		
GARLIC FLATBREAD ♥ sourdough flatbread covered in garlic butter (949 kcal) Add cheese for £1.50 (plus 125 kcal)	5.95		
STARTERS			
FRENCH ONION SOUP @ © the rustic Parisian classic, served with melted cheese croûtons (407 kcal) AN ORIGINAL Originates from the 18th century. On our menu since 1989	6.95		
CHICKEN LIVER PÂTÉ @ served with red onion chutney and baguette (708 kcal)	6.95		
GARLIC MUSHROOMS ©®® in cèpe and garlic sauce, on toasted sourdough - earthy and lovely in equal measure (394 kcal)	6.75		
KING PRAWNS   big, juicy shell-on prawns in white wine, garlic and chilli with baguette on the side for dipping (689 kcal)	8.50		
New SCALLOPS @ @ baked in garlic and parsley butter with a crunchy Parmesan crumb (345 kcal)  PAIR WITH JANCEPTE, LES Collinettes, Joseph Mellot	9.50		
CALAMARI lightly dusted squid with a lemon and garlic mayonnaise - melt in your mouth good (631 kcal)	7.75		
VEGETABLE TARTINE (®) toasted sourdough topped with sun-dried tomato tapenade, ribboned courgette, artichoke and vegan goats' cheese (769 kcal)	6.50		
New WHOLE BAKED CAMEMBERT @  Isigny Camembert served with baguette, crudités and red onion chutney - you choose if you share it or not (1066 kcal)	9.95		
SALADS			
NIÇOISE (F) (Provence   205)	14.95		
CHICKEN CAESAR © grilled chicken on a bed of baby gem lettuce with croûtons, Caesar dressing, anchovies and Parmesan shavings - the anchovies make all the difference (775 kcal)	14.50		
New LENTIL AND SQUASH ( ) ( ) lentils, roast squash, baby plum tomatoes, red onion, mixed leaves, fresh herbs and toasted pumpkin seeds (215 kcal).	11.50		
Add a topping of your choice for £3: Vegan Goats' Cheese (152 kcal), Grilled Chicken (207 kcal)			
CHEF'S PICK Fresh and light, but still filling and packed with flavour			

Full allergen menus available on our website. Scan the QR code to view. Please let your server know if you have any allergens or dietary requirements, and what they are so that they can assist you with any ingredient queries. All of our dishes are prepared and cooked in kitchens where allergen ingredients (e.g. nuts, flour, etc.) are commonly used, and we therefore cannot guarantee our dishes will be free from traces of these products. All dishes may contain ingredients not listed in the menu descriptions. Adults need around 2000 kcal a day. Olives may contain stones. Chicken, fish and duck dishes may contain bones. All weights provided are average weight before cooking. All prices include VAT at the current rate.

♥ Suitable for vegetarians. ♥ Suitable for vegans. ♥ Gluten-free.
 ♥ Can be made gluten-free on request. ♥ Under 600 calories





#### **ERENCH EXPERIENCE**

EST 1989

# MAINS

### BEEF BOURGUIGNON ®

16.95

originating from provincial Burgundy slow-cooked beef in red wine sauce with bacon lardons, pearl onions, carrots and chestnut mushrooms Served with herb-mashed potato (461 kcal) AN ORIGINAL A dish designed to make you feel good inside

### MUSSELS @

14.95

succulent Shetland mussels, steamed to order in a moreish white wine, garlic, and cream sauce (375 kcal). Served with fries (270 kcal) or baquette (267 kcal)

#### SALMON

15.95

oven baked and served with buttered seasonal vegetables, Anna potatoes and a rich Béarnaise sauce (783 kcal)

#### POULET BRETON @

14.95

chicken suprême served in a herb and wine sauce with mushrooms, courgettes and leeks. Served with roasted new potatoes, Chantenay carrots and radishes (1166 kcal) PAIR WITH Sainte Marie des Crozes en Rebellion Pinot Noir

### **DEMI POULET** 69

14.75

half roast chicken marinated in garlic and herbs served with thyme jus and fries - simple and delicious (1159 kcal)

#### New BOUILLABAISSE @

17.95

mussels, prawns, red mullet and seabass in a saffron, pastis, tomato and fennel broth. Served with baguette and turmeric rouille (1093 kcal) CHEF'S PICK The true taste of Marseille

#### **DUCK CONFIT**

16.75

Brittany duck leg with braised savoy cabbage, Anna potatoes and a classic cherry sauce - fall off the bone perfection (1068 kcal)

### New JACKFRUIT TAGINE (@ 69)

13.50

cooked with butternut squash, carrots, chickpea and sultanas. Served with couscous and topped with vegan mint yogurt, pomegranate and toasted almonds (515 kcal)

# FROM THE GRILL

Everything from our grill is served with your choice of fries @ (270 kcal) or salad @ (27 kcal).

Upgrade to sweet potato fries (388 kcal) for 50p

## 7oz FILLET ⊚®

with balsamic, roasted shallots (237 kcal) CHEF'S PICK Succulent and melt-in-your-mouth funder

### 8oz SIRLOIN @®

with balsamic, roasted shallots (336 kcal)

# New 10oz RIB EYE @ @

27.95

with balsamic, roasted shallots (504 kcal)

Choose your steak sauce from the following: Garlic butter @(60 kcal) - Béarnaise @ (158 kcal) - Peppercorn (58 kcal)

### New CAULIFLOWER STEAK (@) (@) 13.50

served with red pepper hummus, toasted chickpeas, and refreshing pomegranate (399 kcal)

PAIR WITH fainte Marie des Crozes en Rebellion Pinot Noir

### New BLACK TRUFFLE AND **CAMEMBERT BURGER**

15.95

beef patty, melted Camembert, streaky bacon, Dijon and truffle mayonnaise in a brioche bun. It's love in a bun (1405 kcal)

### New HARISSA AND EMMENTAL 14.50 BURGER @

beef patty, melted Emmental cheese, gherkins, crispy onions and harissa spiced mayonnaise, all in a brioche bun (1286 kcal)

### GRILLED CHICKEN BURGER @ 13.95

succulent grilled chicken breast, red onion, tomato, crisp baby gem lettuce and Dijon mayonnaise, all in a brioche bun (372 kcal) PAIR WITH Pendenza Pinof Grigio

# New PRETZEL BURGER (6)

13.95

Beyond Meat™ burger with melted vegan Applewood cheese, crispy onions, sauerkraut and vegan mayonnaise, all in a pretzel bun. It's a meat-free dream (1123 kcal)

### SIDES

FRIES (270 kcal) 4.00 FRENCH BEANS (88 kcal) 4.00 SWEET POTATO FRIES (388 kcal) 5.00 CHARGRILLED BROCCOLI (203 kcal) 4.00 GARDEN SALAD (27 kcal) 4.00 **CAULIFLOWER** 4 00 CREAMED SPINACH (767 kcal) 4.00 CHEESE (257 kcal)

# **DESSERTS**

CHOCOLATE FONDANT   melt in the middle, served with salted caramel ice cream (744 kcal)	6.75
CARAMEL CHEESECAKE ③ (728 kcal)	6.50
Nw CHOCOLATE MOUSSE (€) (\$\varphi\$) with a smooth Biscoff centre and crunchy pistachio brittle (563 kcal)	6.50
LEMON TART ⊙⊕® with vanilla crème fraîche (557 kcal)	6.25
ICE CREAM ©    ® & SORBET    ©    choose two scoops from vanilla (76 kcal), vegan vanilla (140 kcal), salted caramel (107 kcal), chocolate (116 kcal), strawberry (101 kcal) ice cream or lemon (87 kcal), mango (84 kcal) sorbet	4.95
COFFEE	
ESPRESSO (5 kcal)  AMERICANO (10 kcal)  FLAT WHITE (77 kcal)  CAPPUCCINO (80 kcal)	2.45 2.75 2.95 2.95

Add your choice of syrup for 40p: Vanilla (90 kcal) or Hazelnut (67 kcal)

Dairy-free milk available on request

HOT CHOCOLATE (140 kcal)

# TEA 2.65

LATTE (89 kcal)

MOCHA (99 kcal)

ENGLISH BREAKFAST (0 kcal) EARL GREY (0 kcal) ROOIBOS (0 kcal) GREEN (0 kcal)
MINT (2 kcal)
CAMOMILE (0 kcal)

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2.95

2.95 2.95

