



# Food Menu

## Foresters' Inn Light Lunch and Sandwich Menu Served 12 Noon to 4pm

### Sandwiches

Choose from our freshly made range of sandwiches served on a soft white or brown ciabatta style bread or a seeded gluten free roll with crisps.

Add chips to your sandwich for 1.99  
Add sweet potato fries to your sandwich for 2.49

- Ham with Whole Grain Mustard (GF\*) 5.99
- Hand Grated Mature Cheddar with Tomato Chutney (V)(GF\*) 5.99
- Warm Bacon and Melted Brie (GF\*) 5.99
- Hot Beef with a side of Gravy (GF\*) 6.99
- Hot Roast Pork and Stuffing 6.99

### Light Lunch

- Smoked Tomato and Caramelised Garlic Soup (V)(VE\*)(GF\*) 5.49  
With kale pesto, served with warm potato bread
- Caramelised Onion Sausage Roll or Vegan Sausage Roll (VE) 4.49  
Freshly baked and served with pickled red cabbage and 'Bloody Mary' relish
- Ham, Eggs and Chips (GF\*) 6.99  
With HP sauce
- Beer Battered Fish\* and Chips (GF\*) 10.99  
With garden or mushy peas and tartare sauce
- Cumberland Sausage Ring (GF\*) 11.49  
Served on a creamy mash, with crispy onion and Bovril gravy

(V) No meat or fish (VE) Vegan (VE\*) Vegan Available (GF\*) Gluten Free Available



Allergens: We use allergens in our kitchen as part of the preparation of food. We also cook different foods in the same equipment. Intended ingredient allergen information for all items on our menu is available on our allergen portal via the QR code above. Unfortunately, during this time, we are unable to make changes to our menu items/provide details of 'may contains' due to additional COVID controls in our kitchens – we are working hard to develop suitable tools/procedures to resume this offer to our guests. \*Some of our meat/fish dishes may contain bones SF EF

Served daily from 12 Noon  
excluding Sundays

### Starters

- Foresters Prawn Cocktail 6.59  
Served traditionally with brown bread and butter
- Chicken Liver and Brandy Paté 5.49  
Plum chutney and rustic toast, baby leaf and pine kernel salad
- Mushrooms on Toast (V)(GF\*) 5.49  
Sautéed mushrooms finished with white wine and cream and fresh herbs. Served on toasted sour dough
- Smoked Tomato and Caramelised Garlic Soup (V)(VE\*)(GF\*) 5.49  
With kale pesto, served with warm potato bread

### Mains

- Beer Battered Fish\* and Chips (GF\*) 10.99  
With garden or mushy peas and tartare sauce
- Cumberland Sausage Ring (GF\*) 11.49  
Served on a creamy mash, with crispy onion and Bovril gravy
- Steak, Ale and Mushroom Pudding 12.49  
With creamy mash, carrots, peas and Bovril gravy
- Cauliflower and Potato Pie (V)(VE) 10.99  
Melange of vegetables, pureéd butternut squash and vegan gravy

### Burgers and Grills

In Foresters, we cook our burgers fresh to order and served with crispy chips and creamy coleslaw

Choose from our ground beef patty or for an additional 1.00 change to fresh chicken breast  
Upgrade to sweet potato fries for 1.00

- Foresters Cheeseburger (GF\*) 9.99  
Chargrilled burger finished with melted cheese, lettuce, tomato, onion and gherkin with burger relish on a freshly toasted bun
- Foresters Cheese and Bacon Burger (GF\*) 11.49  
Chargrilled burger finished with smoked streaky bacon and melted cheese with lettuce, tomato, onion and gherkin with burger relish on a freshly toasted bun
- Chargrilled Foresters Burger (GF\*) 8.99  
Served with lettuce, tomato, onion and gherkin with burger relish on a freshly toasted bun
- Foresters Vegan Burger (V)(VE) 8.99  
Grilled vegan protein burger with lettuce, tomato, onion and gherkin with burger relish on a freshly toasted bun and vegan coleslaw  
Add vegan cheese for 1.00

8oz Sirloin Steak (GF\*) 15.49  
Served with chips, fire roast tomatoes, watercress and crispy onion fritter

Upgrade to sweet potato fries for 1.00

Add a sauce for 1.69 (Béarnaise | Peppercorn)

### Sides

- Chips (V)(VE)(GF\*) 2.79
- Cheesy Chips (V)(GF\*) 3.19
- Toasted Garlic Bread (V) 2.99
- Cheesy Garlic Bread (V) 3.49
- Mixed Salad (V)(VE)(GF\*) 2.79
- Onion Rings (V)(VE\*)(GF\*) 3.49
- Sweet Potato Fries (V)(VE\*)(GF\*) 3.49
- Bread and Butter (V)(GF\*) 1.00

# CHILDREN'S MENU

## Lighter Bites

- Vegetable and Apple Crudité Jar with Hummus (GF\*)(VE\*)(V) 2.69
- Grilled Garlic Bread (V) 2.29
- Grilled Garlic Bread with Melted Cheese (V) 2.69

Children's Meal Deal 6.99  
Includes a Main Meal, Drink and Dessert

## Mains

Battered Cod Bites\* | Chicken Nuggets | Cheese Burger (GF\*)  
The above are served with chips or plain buttered pasta and a side of Heinz baked beans or peas

Pasta in Tomato Sauce (V)(VE\*)  
With garlic bread or vegetable and apple crudités

Meatball Pasta  
With garlic bread or vegetable and apple crudités

Heinz Baked Beans on Gluten-Free Toast (GF)(V)(VE\*)

## Desserts

Piece of Fresh Fruit (GF\*)(V)(VE)  
Banana | Apple | Orange

Sliced Banana with Warm Custard (GF\*)(V)  
Topped with crushed Flake

Scoop of Kelly's Ice Cream (V)  
Choose from; Vanilla | Strawberry | Chocolate

## Drinks

- Pepsi Max, Diet Pepsi, Tango and R Whites Lemonade 1.79
- Fruit Juice 1.79  
Orange | Apple
- Robinsons Fruit Shoot 1.89  
Apple and Blackcurrant | Orange
- Child's Milk 1.69
- Kids Sports Top Water 1.69

## Desserts

### Raspberry and White Chocolate

Meringue Roulade (V)(GF\*) 4.99

With fresh raspberries and raspberry coulis

### Sticky Toffee Pudding with Sticky Toffee Sauce (V) 4.99

With your choice of custard, cream or Kelly's vanilla ice cream

### Warm Chocolate Fudge Cake (V) 4.99

With your choice of custard, cream or Kelly's vanilla ice cream

### Vegan Chocolate Fudge Cake and Chocolate Sauce (V)(VE) 5.99

With your choice of vegan ice cream please ask server for flavours

### Ice Cream (V)

Choose from;

Classic vanilla | Fruity strawberry

Rich chocolate | Salted caramel

One scoop 2.49

Two scoops 3.49

Three scoops 3.99

A selection of Vegan Ice Creams available upon request From 2.49  
please ask your server

## Cocktails

### Passionfruit Martini 6.99

Vanilla Vodka shaken with passion fruit and served with a shot of Prosecco and fresh passionfruit

### Strawberry Woo Woo 6.99

A subtle juicy mix of Vodka, strawberry and peach puree, cranberry juice and lemonade

### Piña Colada 6.99

50's classic, a tropical, creamy blend of Bacardi Superior Rum, pineapple juice and coconut

### Pink Gin Spritz 6.99

A delicious blend of Gordon's Pink Gin, Prosecco and fruity lemonade. Garnished with fresh berries

## Children's Cocktails

### Strawberry and Lemonade 3.29

Fizzy just like lemonade but with strawberries

### Choco Heaven 3.29

Chocolate syrup, chocolate sauce, milk and cream floater

### Caribbean Punch 3.29

A blend of mango, passionfruit and orange juice mixed with lemonade to give a very tropical experience

# Drinks Menu

## Sparkling

### Prosecco Galanti Prosecco

Brut, NV

20cl Bottle 9.99 | Bottle 23.99

Fine, persistent, soft fizz surrounds a fruit spectrum of apple, pear with a hint of peach

## White Wine

### Pontebello Pinot Grigio,

Hungary

175ml 5.99 | 250ml 7.49 | Bottle 19.99

Fresh ripe peach and rich citrus flavours

### Waipara Hills Sauvignon

Blanc, New Zealand

175ml 6.99 | 250ml 8.99 | Bottle 23.99

Enticing and popular, with flavours of passion fruit, pineapple and citrus

## Red Wine

### Tekena Merlot,

Chile

175ml 5.99 | 250ml 7.49 | Bottle 19.99

A rounded and fruity Merlot brimming with plum crumble flavours

### Mill Cellars Shiraz,

South Eastern Australia

175ml 5.99 | 250ml 7.49 | Bottle 19.99

Plenty of brambly fruit on the palate backed with a touch of spice

## Rosé Wine

### Whispering Hills White

Zinfandel, California

175ml 5.99 | 250ml 7.49 | Bottle 19.99

Loads of fresh summer-fruit flavours and lively acidity.

Medium bodied to appeal to most palates, California's own Zinfandel

## Soft Drinks

### Pepsi Max, Diet Pepsi, Tango and R Whites Lemonade

Child 1.79

Regular 2.79

Large 2.99

### Robinsons Fruit Shoot

Apple and Blackcurrant | Orange

1.89

### Sparkling or Still Mineral Water (330ml bottle)

2.29

### Child's Milk

1.69

### Fruit Juice

Orange | Apple | Pineapple | Cranberry

Child 1.79

Regular 2.79

Large 2.99

### J2O (330ml)

2.99

## Hot Drinks

### Americano

2.89

### Cappuccino

2.99

### Latte

2.99

### Tea Traditional English

2.49

### Classic Hot Chocolate

3.29

### Double Choc Mallow

3.99

## Spirits

### Tanquary 10 Gin

4.99

### Whitley Neill Rhubarb and Ginger Gin

5.99

### Captain Morgan Dark Rum

4.49

### Bells Whisky

4.49

### Martell V.S. Brandy

4.49

### Bacardi

4.49

### Smirnoff Red Vodka

4.49

## Mixers

Tonic Water | Ginger Ale | Slimline Tonic Water from 1.49

## Draught

### Carling 4.0% ABV

Pint 4.99 | Half Pint 2.69

### Coors 4.0% ABV

Pint 4.99 | Half Pint 2.69

### Aspall Cyder 5.5% ABV

Pint 5.99 | Half Pint 3.19

### Staropramen 5.0% ABV

Pint 5.49 | Half Pint 2.89

### Pravha 4.0% ABV

Pint 5.99 | Half Pint 3.19

### Atlantic Pale Ale 4.5% ABV

Pint 4.99 | Half Pint 2.69

### Guinness 4.1% ABV

Pint 5.99 | Half Pint 3.19

### Doom Bar 4.0% ABV

Pint 4.99 | Half Pint 2.69

## Bottled Beer and Cider

### Peroni 5.1% ABV (330ml)

4.99

### Corona 4.5% ABV (330ml)

4.99

### Cobra 4.8% ABV (330ml)

4.99

### Estrella Galicia Gluten free 5.5% ABV (330ml)

4.99

### Coors 4.0% ABV (330ml)

4.99

### Doom Bar 4.3% ABV (500ml)

5.49

### Heineken '00' 0.0% ABV (330ml)

2.99

### Weston's 'Stowford' Press 4.5% ABV (500ml)

5.99

### Rekorderlig Passionfruit 4.0% ABV (500ml)

5.99

### Rekorderlig Mango Raspberry 4.0% ABV (500ml)

5.99