

**SPORTS  
CAFE**

**FOOD MENU**

# Welcome to **SPORTS CAFÉ**

Sit back, relax and soak up the atmosphere.  
One of our servers will be right over to take your order.

Please let  
us know if you  
have any allergies  
so we can take  
extra care when  
preparing  
your food

## **BREAKFAST**

Available daily until noon

Start the day in the very best way with something delicious,  
from toast and jam to our famous Champion's Breakfast.

Add tea, coffee or orange juice to your breakfast for 2.95 (excludes liqueur coffee)

ONLY  
**25.95**

### **GOAL!**

A Great Start to the Day!

### **Breakfast Platter**

Six baps filled with your choice of bacon or Sports Café sausage  
and six hash browns served with a pitcher of chilled orange juice.

LESS THAN  
**4.35**  
PER PERSON!

### **Toast and Jam v 3.50**

Toasted brown or white bread served with butter and jam or marmalade.

### **Breakfast Sandwich 5.95**

Grilled back bacon or Sports Café sausage on white or brown bread.

Add a fried free range egg 1.95

### **Sports Café Champion's Breakfast 15.50**

The big one: two Sports Café sausages, two slices of grilled back bacon, two  
free range eggs (fried or scrambled), grilled tomato, mushroom, baked beans,  
two hash browns, toast and a glass of orange juice.

### **Sports Café Full Breakfast 11.95**

Sports Café sausage, grilled back bacon, free range egg (fried or scrambled),  
grilled tomato, mushroom, baked beans, hash brown and toast.

### **Sports Café Vegetarian Breakfast v 10.95**

Two vegetarian sausages, free range egg (fried or scrambled), tomato,  
mushroom, baked beans, two hash browns and toast.

## **SIDE ORDERS**

Add extra items to any breakfast:

**Sports Café Sausage 1.95**

**Grilled Back Bacon 1.95**

**Free Range Egg (fried or scrambled) 1.95**

**Mushroom 1.95**

**Crispy Hash Brown 1.95**

**Grilled Tomato 1.95**

**Heinz Baked Beans 1.95**

# BRUNCH

Available daily until 4pm

Not quite breakfast, not quite lunch – it's our favourite excuse to squeeze another meal into the day.

Add tea, coffee or orange juice to your brunch for 2.95 (excludes liqueur coffee)

## SCORE!

### Avocado and Tomato on Toast ▾

Sliced avocado and grilled tomato on toasted crusty bread, with a spiced tomato and pepper relish and sprinkled with toasted pumpkin seeds.

ONLY  
8.50

### Scrambled Free Range Eggs on Toast ▾ 5.95

With hot smoked salmon flakes 9.50

### Bacon, Avocado and Fried Free Range Egg on Toast 9.50

Sliced avocado and grilled back bacon on toasted crusty bread, with a spiced tomato and pepper relish, topped with a fried free range egg.

### Welsh Rarebit and Fried Free Range Egg on Toast 8.50

Welsh rarebit flavoured with ale on toasted crusty bread, grilled to bubbling perfection with a fried free range egg.

### Baked Beans and Chorizo on Toast 9.50

Baked beans in tomato sauce cooked with smoky chorizo and served on toasted crusty bread.

Add a fried free range egg 1.95

### Steak and Free Range Eggs 12.95

A tenderized 5oz rump steak with two fried free range eggs and hash browns.

### Flaked Ham Hock Hash 10.95

Diced potatoes, soft caramelised onions and pieces of ham hock bound in a béarnaise sauce, topped with a fried free range egg.

### Smoked Salmon Hash 10.95

Diced potatoes, soft caramelised onions and pieces of smoked salmon bound in a béarnaise sauce, topped with a fried free range egg.

### Fruit Platter ▾ 4.95

Freshly prepared fruit platter.

### Breakfast Waffles 6.95

Toasted waffles with red berries and maple syrup.

## NEW YOGHURT GRANOLAS

### Layered Yoghurt Granola Sundae 4.95

Cool yoghurt, crunchy granola and fruit compôte of your choice:

- Strawberry
- Rhubarb
- Apricot

## NEW SMOOTHIES

Available to take away

### Smoothies 4.95

Try one of our great freshly-made smoothies blended just for you with coconut water, fresh yoghurt and banana.

- Strawberry and Banana
- Fruits of the Forest
- Green Kick (Kale, Cucumber, Spinach and Apple)

\* Approximate uncooked weight

# SNACKS AND SANDWICHES

If you're just nipping in for a nibble, or refuelling between badminton games, you'll find something on this page.

## SOUPS AND SANDWICHES

Available daily between noon and 5pm

Our sandwiches are made fresh to order on your choice of white or brown thick-cut bread and served with crisps and coleslaw.

**Tuna and Cucumber Sandwich** 8.25

**Baked Ham Salad Sandwich** 8.25

**Freshly Grated Cheese and Tomato Sandwich** 8.25

Freshly grated cheese and tomato sandwich with apple and ale chutney.

**Club Sandwich** 13.95

Made with thick-cut toast, filled with chicken, bacon, lettuce, tomato, sliced free range egg and mayonnaise.

**Broccoli and Cheddar Soup** 5.95

Creamy broccoli and punchy cheddar, served with thick-cut bread.

**Soup and Sandwich** 11.95

Excludes Club Sandwich.

**Soup and Half Sandwich** 9.95

Excludes Club Sandwich.

## NEW FLATBREADS

Our flatbreads are stone-baked and topped with grilled spring onion, dressed shredded fennel and carrot, pomegranate seeds, houmous and rocket with a Middle Eastern garlic sauce.

**Rotisserie Chicken** 12.95

**Middle Eastern Pulled Lamb** 13.95

**Grilled Halloumi with  
Mediterranean Vegetables** 11.95

## NEW MELTS

Our new selection of melts are freshly made, packed full of flavour and delicious melted cheese.

**Chilli Con Carne and Cheese  
with Sour Cream Dip** 9.50

**Mac 'n' Cheese with a Tomato Salsa Dip** 9.50

**Cheese and Onion with a Piccalilli Dip** 8.50

**Avocado, Halloumi and Harrissa Pesto  
with a Tomato Salsa Dip** 10.50

**Cheesy Chips and Salt and Vinegar Crisps  
with a Tomato Dip** 9.50

Add streaky bacon for 1.95

X

Add a portion of hot chips  
to your sandwich for only 2.50

Or sweet potato fries for just 3.95

# LIGHTER DISHES

Good things come in small packages, and our small bowls are perfect for sharing or to enjoy as a starter.

**WHAT A RESULT!** Choose any **three** small bowls for 16.95 or **five** for 24.95

## SMALL BOWLS

**Garlic Bread** 4.95

**Garlic Bread with Cheese** 5.50

**Grilled Flatbread with Tzatziki and Houmous** 5.95

**Boneless Chicken Thighs** 6.95

Chargrilled chicken thighs served with lemon.

**Crispy Spiced Chicken Wings** 7.95

Chicken wings coated in a crisp spicy crumb and served with mojito mayonnaise.

**Sticky Pork Ribs** 7.95

Slow-braised ribs of pork, tossed in a sticky BBQ sauce.

**Pumpkin, Goat's Cheese and Kale Croquettes** 6.95

Crispy croquettes made with pumpkin and curly kale, rich with goat's cheese and served with a tomato salsa.

**Crispy Nacho Bites** 7.95

Bite-sized morsels of nacho cheese and jalapeño served with sour cream.

**Salt and Pepper Calamari** 7.95

Calamari served with garlic aioli and fresh lime.

## HEALTHIER OPTION

**Oven-baked Salmon** 17.95

Grilled salmon, oven-baked with grilled Mediterranean vegetables, tomato salsa and glazed roast potatoes

## LOADED FRIES

**Sports Café Loaded Fries** 7.95

With crispy bacon, crispy onion, cheese sauce and melted cheese.

**Sports Café Spicy Loaded Fries** 9.50

With crispy bacon, crispy onion, jalapeños, sriracha sauce, cheese sauce and melted cheese.

**Sports Café Vegetarian Loaded Fries** v 7.75

With crispy onion, cheese sauce and melted cheese.

**Sports Café Vegetarian Spicy Loaded Fries** v 8.95

With crispy onion, jalapeños, sriracha sauce, cheese sauce and melted cheese.

## NEW SALADS

**Roast Butternut Squash Salad** 12.75

Roast butternut squash, fregola pasta, red and green endive, pickled shallots, oven-roasted tomatoes, olives, fresh coriander with a Middle Eastern mint dressing.

**With Halloumi** 13.95 **With Falafel** 13.95

**With Flaked Rotisserie Chicken** 15.50

**Proper Greek Salad** 13.95

Made the traditional Greek way with tomatoes, cucumber, feta cheese, olives, red onion and caper berries with an olive oil and oregano dressing.

Rotisserie Chicken

16.95

Side of Vegetables

3.95

Scampi and Chips

12.95

Sports Café Classic Burger

11.95

Oven-baked Salmon

17.95

Grand Slam Burger

18.95

Side salad

3.95

# CLASSICS

Available daily from noon

Great dishes like beer-battered fish and chips rub shoulders with perfectly cooked steaks and our new rotisserie chicken.

## FIRM FAVOURITES

For those times when only fish and chips or scampi will do the trick.

### Beer-Battered Fish and Chips 14.95

Haddock or cod (depending on what the fishermen have caught – ask your server for today's fish) battered in a crispy coating, served with chips, garden or mushy peas, fresh lemon and tartar sauce.

### Scampi and Chips 12.95

Breaded wholetail scampi with crispy chips, garden or mushy peas, fresh lemon and tartar sauce.

For smaller appetites, some of our main meals are available as half portions at half the price. Ask your server for more information.

## FROM THE GRILL

### 10oz\* (284g) Steak and Chips 22.95

35-day aged rump steak, grilled to your liking. Served with crispy chips, oven roasted tomatoes, grilled mushroom, grilled red onion and watercress.

#### Add sauce 1.95

- Creamy Stilton
- Peppercorn
- Tarragon and Mushroom

Upgrade to sweet potato fries for just 0.95

WINNER!

NEW

ONLY  
16.95

### Rotisserie Chicken

Half chicken fresh from our rotisserie with caramelised potatoes roasted in chicken juices and a tossed mixed salad with a garlic and lemon dressing.

#### Choose your sauce 1.95

- Piri Piri
- BBQ
- Chicken Gravy

## SIDES

Coleslaw 2.95

Side Salad 3.95

Side of Vegetables 3.95

Garden Peas 1.95

Mushy Peas 1.95

Garlic Bread 4.95

Garlic Bread with Cheese 5.50

Sports Café Crispy Chips 3.95

Seasoned Diced Potatoes 3.95

Beer Battered Onion Rings 4.95

Sweet Potato Fries 3.95

\* Approximate uncooked weight

# BURGERS

Available daily from noon

At Sports Café we stack our burgers high with your favourite toppings and serve them with hot chips – crisp on the outside, fluffy on the inside – and creamy coleslaw.

## Sports Café Classic Burger 11.95

Chargrilled burger served with lettuce, tomato, onion, gherkin and Sports burger sauce on a seeded bun with crispy chips and coleslaw.

## Sports Café Cheese Burger 12.95

Chargrilled burger topped with cheese served with lettuce, tomato, onion, gherkin and Sports burger sauce on a seeded bun with crispy chips and coleslaw.

## Cheese and Bacon Burger 14.95

Chargrilled burger topped with cheese and grilled streaky bacon, served with lettuce, tomato, onion, gherkin and Sports burger sauce on a seeded bun with crispy chips and coleslaw.

## Grand Slam Burger 18.95

Two chargrilled burgers topped with melted cheese, grilled streaky bacon and barbecue sauce, served with lettuce, tomato, onion, gherkin and Sports burger sauce on a seeded bun with crispy chips and coleslaw.

Upgrade your beef burger to a chicken breast for only 1.00

## Breaded Chickpea and Spring Green Veggie Burger v 12.95

A vegetarian burger with chickpeas, onion, broad beans, soya beans and green beans with cheese and herbs coated in crispy breadcrumbs, served with lettuce, tomato, onion, gherkin, sour cream and Sports burger sauce on a seeded bun with crispy chips and coleslaw.

## Sweet Potato and Bean Burger v 11.95

A vegetarian burger with sweet potato, red kidney beans and herbs coated in crispy oats. Served with lettuce, tomato, onion, gherkin, sour cream and Sports burger sauce on a seeded bun with crispy chips and coleslaw.

## BUILD YOUR TEAM!

### Extra toppings

- Streaky Bacon
- Chilli Sauce
- Cheese
- Brie
- Goat's Cheese
- Fried Free Range Egg
- Sautéed Onions

ONLY  
1.95

Upgrade to sweet potato fries for just 0.95

# DESSERTS

Finish off your Sports Café experience in the sweetest way – there's always room for ice cream...

## Ultimate Chocolate Sundae 8.95

Layers of chocolate and caramel ice cream, marshmallows, crushed Flake and Maltesers, topped with whipped cream and finished with chocolate and toffee sauce.

## Ultimate Chocolate Sundae to Share 13.95

## Oreo Cookies and Cream Pie 7.95

An Oreo cookie pie with white and milk chocolate cream, studded with Oreo chunks and finished with dark chocolate drizzle.

## Strawberries and Cream Cheesecake 7.95

A touch of crème brûlée custard lightens the texture of this super creamy all natural cheesecake with a strawberry compôte.

## Warm Lemon Sponge 6.95

Warm, sweet and tart with a zesty lemon sauce.

## Sticky Toffee Pudding 6.95

Hark back to your childhood with this nostalgic favourite – soft toffee sponge with a warm caramel sauce.

## Chocolate Orange Sponge 7.95

It's like Christmas morning with this classic flavour combination, served with a rich, velvety chocolate sauce.

## KELLY'S ICE CREAM

Made with clotted cream, you can enjoy Kelly's delicious ice cream by the scoop.

One Scoop 3.50 Two Scoops 4.95

Three Scoops 5.95

Why not enjoy your favourite ice cream in a cone?

One Scoop Cone 3.95 Two Scoop Cone 5.50

- Chocolate
- Salted Caramel
- Honeycomb Caramel Swirl
- Stem Ginger
- Vanilla
- Strawberry
- Bubblegum
- Mint Chocolate Chip
- Eton Mess
- Toffee Fudge

## GET IN!

ONLY  
6.95

## DAIM BAR CAKE

Layers of almond sponge, golden cream and crunchy almond caramel, smothered in smooth milk chocolate and served with whipped cream.



# SPORTS CAFE

VEGAN AND GLUTEN FREE MENU

# GLUTEN FREE

All the dishes in this section do not use gluten containing ingredients

## BREAKFAST

Available daily until noon

### Toast and Jam v 3.50

Toasted white or brown gluten-free bread, served with butter and jam or marmalade.

### Fruit Platter v 4.95

Selection of freshly prepared fruit.

### Grilled Bacon Sandwich 5.95

Served on your choice of white or brown gluten-free bread.

### Sports Café Full Breakfast 11.95

Grilled back bacon, grilled tomato, mushroom, baked beans, fried or scrambled free range egg and your choice of white or brown gluten-free toast.

### Sports Café Champion's Breakfast 15.50

Two slices of grilled back bacon, two free range eggs (fried or scrambled), grilled tomato, mushroom, baked beans, your choice of white or brown gluten-free toast, and a glass of orange juice.

Add tea, coffee or orange juice to your breakfast for 2.95  
(excludes liqueur coffee)

## SOUPS AND SANDWICHES

Our sandwiches are made fresh to order on your choice of white or brown gluten-free bread and served with crisps and coleslaw.

### Broccoli and Cheddar Soup 5.95

Creamy broccoli and punchy cheddar, served with your choice of white or brown gluten-free bread.

### Tuna and Cucumber Sandwich 8.25

Add a portion of hot chips to your sandwich for only 2.50

## BRUNCH

Available daily until 4pm

### Scrambled Free Range Eggs on Toast v 5.95

Fluffy scrambled free range eggs served on your choice of white or brown gluten-free toast.

With hot flaked smoked salmon 9.50

### Avocado and Tomato on Toast v 8.50

Sliced avocado and grilled tomato on your choice of white or brown gluten-free toast, with a spiced tomato and pepper relish, sprinkled with toasted pumpkin seeds.

### Bacon, Avocado, Tomato and Fried Free Range Egg on Toast 9.50

Sliced avocado, grilled back bacon and tomato on your choice of white or brown gluten-free toast, topped with a fried free range egg.

### Smoothies 4.95

Try one of our great freshly-made smoothies blended just for you with coconut water, fresh yoghurt and banana.

- Strawberry and Banana
- Fruits of the Forest
- Green Kick (Kale, Cucumber, Spinach and Apple)

### Baked Ham Salad Sandwich 8.25

### Cheese and Tomato Sandwich 8.25

### Soup and Sandwich 11.95

### Soup and Half Sandwich 9.95

## MAINS

### 10oz\* (284g) Steak and Chips 22.95

35-day aged rump steak, grilled to your liking. Served with crispy chips, oven roasted tomatoes, mushroom, grilled red onion and watercress.

Add sauce 1.95

- Creamy Stilton
- Peppercorn
- Tarragon And Mushroom

### Beer Battered Fish and Chips 14.95

Haddock or cod (depending on what the fishermen have caught - ask your server for today's fish) battered in our incredible gluten-free beer batter (seriously, not to be missed!) served with hot, fluffy chips, garden peas and fresh lemon.

### Oven-Baked Salmon 17.95

Grilled salmon with grilled Mediterranean vegetables, glazed roast potatoes and a warm tomato dressing.

### Rotisserie Chicken 16.95

Half chicken fresh from our rotisserie with caramelised potatoes roasted in chicken juices and a tossed mixed salad with a garlic and lemon dressing.

## BURGERS

### Sports Café Burger 11.95

Chargrilled burger served with lettuce, tomato, onion, gherkin and Sports burger sauce on a gluten-free bun with crispy chips and coleslaw.

### Cheese Burger 12.95

Chargrilled burger topped with cheese served with lettuce, tomato, onion, gherkin and Sports burger sauce on a gluten-free bun with crispy chips and coleslaw.

Upgrade your beef burger to a chicken breast for only 1.00

### Cheese and Bacon Burger 14.95

Chargrilled burger topped with cheese and grilled streaky bacon, served with lettuce, tomato, onion, gherkin and Sports burger sauce on a gluten-free bun with crispy chips and coleslaw.

### Grand Slam Burger 18.95

Two chargrilled burgers topped with melted cheese, grilled streaky bacon and barbecue sauce, served with lettuce, tomato, onion, gherkin and Sports burger sauce on a gluten-free bun with crispy chips and coleslaw.

## EXTRA TOPPINGS 1.95

- Streaky Bacon
- Fried Free Range Egg
- Sautéed Onions
- Cheese

## SALADS

### Proper Greek Salad 13.95

Made the traditional Greek way with tomatoes, cucumber, feta cheese, olives, red onion and caper berries with an olive oil and oregano dressing.

### Roast Butternut Squash Salad 12.75

Roast butternut squash, red and green endive, oven-roasted tomatoes, olives, fresh coriander with a Middle Eastern mint dressing.

### Grilled Halloumi and Mediterranean Vegetable Salad 13.95

Chargrilled peppers, courgettes, aubergine and rocket tossed in a balsamic dressing and finished with delicious grilled halloumi cheese.

## DESSERTS

### Daim Bar Cake 6.95

Layers of almond sponge, golden cream and crunchy almond caramel smothered in smooth milk chocolate, served with whipped cream.

### Sorbet 3.50

We have a selection of delicious sorbets, please ask your server for today's flavours.

\* Approximate uncooked weight

# VEGAN

As you'd expect, our vegan options are safe and suitable for vegetarians too

## BREAKFAST

Available daily until noon

### Baked Beans on Toast 4.50

Heinz baked beans served on your choice of brown or white toast.

### Avocado and Tomato on Toast 8.50

Sliced avocado and grilled tomato on toast, with a spiced tomato and pepper relish and sprinkled with toasted pumpkin seeds.

### Fruit Platter 4.95

Freshly prepared selection of fruit.

### Cooked Breakfast 11.95

Grilled tomato and red pepper, two hash browns, Heinz baked beans and mushrooms, served with your choice of brown or white toast.

Add tea, coffee or orange juice to your breakfast for 2.95  
(excludes liqueur coffee)

## SANDWICHES

All our sandwiches are served on grilled thick-sliced white or brown bread and served with crisps.

### Mediterranean Vegetable and Rocket Sandwich 9.95

Chargrilled Mediterranean vegetables with caramelised onion chutney and rocket, served with crisps.

Add a portion of hot chips to your sandwich for only 2.50

### Spicy Avocado and Tomato Sandwich 10.95

Avocado and tomato with a spicy chutney and crisp lettuce, served with crisps.

### Mushroom, Tomato and Falafel Sandwich with Houmous 10.95

Mushroom, crushed tomato salsa, falafel and houmous, served with crisps.

## MAINS

### Grilled Vegetable Salad 13.95

Colourful salad of grilled peppers, aubergine, courgette and red onions with rocket and watercress, tossed in a balsamic dressing and served with a grilled flatbread.

### Pasta in Tomato Sauce 13.95

Penne pasta in a light tomato sauce, finished with toasted pumpkin seeds and dressed rocket, served with a grilled Lebanese flatbread or side salad.

### Falafel and Avocado Flatbread 11.50

Lebanese flatbread topped with houmous, falafel, avocado, shredded carrots and tomato.

## DESSERT

### Sorbet 3.50

We have a selection of delicious sorbets, please ask your server for today's flavours.

### Fruit Platter 4.95

A freshly prepared selection of fruit.

**Allergies** We use allergens in our kitchen as part of the preparation of food. We also cook different foods in the same equipment. Please advise us of any allergies on every visit to our restaurants as our recipes are subject to change and we occasionally substitute products. Full allergen information from items on our menu is available upon request. Should you require more detailed information related to any 'may contains' or the cooking process, please discuss with your Server.

**Service** Our aim is to provide first class service. In this restaurant gratuities are entirely at your discretion, all monies go direct to employees serving and preparing your food. Thank you. To the best of our knowledge, the foods on our menus do not contain genetically modified soya or maize. All menu items may contain ingredients not listed in the menu description.

All menu items are subject to availability. Some meat/fish dishes may contain small bones.

All prices include VAT. Photographs are for illustrative purposes only. Ask your server about free baby food (subject to availability).

\* Approximate uncooked weight / No meat or fish

IR May 2019