

SPORTS CAFÉ BREAKFAST

SERVED 9AM - 11.30AM DAILY

Full Irish breakfast

15.50

Sausage, grilled back bacon, free-range egg (fried, scrambled or poached), hash brown, black pudding, white pudding, roast flat cap mushroom, Heinz baked beans and grilled tomato. Served with brown or white toast and butter.

Champions breakfast

19.95

Big day ahead? Refuel with two sausages, two grilled back bacon, hash browns, two free-range eggs (fried, scrambled or poached), Heinz baked beans, black pudding, white pudding, roast flat cap mushroom and grilled tomato. Served with brown or white toast and butter.

Vegetarian breakfast V

14.50

Two vegan sausages, free-range egg (fried, scrambled or poached), hash browns, avocado, roast flat cap mushroom, grilled tomato, Heinz baked beans and Ballymaloe relish. Served with brown or white toast and butter.

Vegan breakfast V

14.50

Two vegan sausages, hash browns, avocado, roast flat cap mushroom, grilled tomato, Heinz baked beans and Ballymaloe relish. Served with brown or white toast and vegan spread.



Breakfast bap

8.25

Bacon, sausage and free-range fried egg in a toasted brioche bap.

Bacon and scrambled egg

11.50

Bacon and free-range scrambled egg served with brown or white toast.

Crunchy granola V

5.95

With strawberry compote, blueberries and natural yoghurt.

Fresh fruit and berries V

6.50

Porridge V

4.75

Drizzled with maple syrup and toasted mixed seeds.

Toast with strawberry jam or marmalade V

4.95

Toasted brown or white bread served with butter and jam or marmalade.

SIDES

Grilled back bacon	2.50
Sausage	2.50
Free-range egg V (Fried or scrambled)	2.25
Heinz baked beans V	2.25
Mushrooms V	2.25
Grilled tomato V	2.25
Crispy hash brown V	2.25
Vegan sausage V	2.50
Toast V	2.25

SPECIALITY BREAKFAST

Eggs Benedict

11.95

Free-range soft poached eggs and smoked bacon on a toasted muffin finished with hollandaise sauce.

Avocado and free-range poached eggs on sourdough toast V

11.50

Smashed avocado and free-range poached eggs on toasted sourdough. Finished with sriracha sauce.

Avocado and grilled tomato on sourdough toast V

11.50

Grilled tomatoes and smashed avocado on toasted sourdough, topped with toasted pumpkin seeds and finished with sriracha sauce.

Bacon, avocado and free-range poached eggs on sourdough toast

12.50

Streaky bacon, smashed avocado and free-range poached eggs on toasted sourdough. Finished with sriracha sauce.

GLUTEN FREE BREAKFAST MENU

Please let your server know if you're ordering from our gluten-free or vegan menus

SPORTS CAFÉ BREAKFAST

Gluten free champions breakfast

19.95

Big day ahead? Refuel with two gluten-free sausages, two grilled back bacon, hash browns, two free-range eggs (fried, scrambled or poached), Heinz baked beans, roast flat cap mushroom and grilled tomato. Served with gluten-free brown or white toast and butter.

Breakfast bap

8.25

Bacon, gluten-free sausage and free-range fried egg in a toasted gluten-free bap.

Fresh fruit and berries V

6.50

Toast with strawberry jam or marmalade V

4.95

Toasted gluten free brown or white bread served with butter and jam or marmalade.

SIDES

Gluten-free sausage	2.50
Grilled back bacon	2.50
Free-range egg V (Fried or scrambled)	2.25
Heinz baked beans V	2.25
Mushrooms V	2.25
Grilled tomato V	2.25
Crispy hash brown V	2.25
Gluten free toast V	2.25

SPECIALITY BREAKFAST

Bacon, avocado and free-range poached eggs on gluten-free toast

12.50

Streaky bacon, smashed avocado and free-range poached eggs on toasted gluten-free brown or white bread. Finished with sriracha sauce.

Avocado and free-range poached eggs on gluten-free toast V

11.50

Smashed avocado and free-range poached eggs on toasted gluten-free brown or white bread. Finished with sriracha sauce.

Avocado and grilled tomato on gluten-free toast V

11.50

Grilled tomatoes and smashed avocado on toasted gluten-free brown or white bread, topped with toasted pumpkin seeds and finished with sriracha sauce.

V - No meat or Fish

All of our Gluten Free items are suitable for guests with coeliac disease, but due to the ingredient production process may not be suitable for those who are allergic to cereal proteins.

VEGAN BREAKFAST MENU

Please let your server know if you're ordering from our gluten-free or vegan menus

SPORTS CAFÉ BREAKFAST

Vegan breakfast

14.50

Two vegan sausages, hash browns, avocado, roast flat cap mushroom, grilled tomato, Heinz baked beans and Ballymaloe relish. Served with brown or white toast and vegan spread.



Avocado and grilled tomato on sourdough toast

11.50

Grilled tomatoes and smashed avocado on toasted sourdough, topped with toasted pumpkin seeds and finished with sriracha sauce.

Vegan porridge

4.75

Drizzled with maple syrup and toasted mixed seeds.

Fresh fruit and berries

6.50

Toast with strawberry jam or marmalade

4.95

Toasted brown or white bread served with vegan spread and jam or marmalade.

SIDES

Heinz baked beans	2.25
Mushrooms	2.25
Grilled tomato	2.25
Crispy hash brown	2.25
Vegan sausage	2.50
Toast	2.25

SANDWICHES, PANINIS & WRAPS

ONLY SERVED BETWEEN 12 NOON TO 5PM

All our Sports Café sandwiches are served with coleslaw and crisps.

Crushed avocado, roast cherry tomato and grilled peppers  10.50 Served as an open sourdough sandwich.	Toasted special 11.95 Honey roast ham, Cheddar cheese, plum tomato and red onion toasted sandwich on brown or white bread.
Cajun chicken, mozzarella and red pepper panini 12.50 Served on a grilled panini, topped with sriracha mayonnaise.	Chicken Caesar wrap 12.50 Pulled roast chicken with shaved Italian-style cheese, crispy bacon and baby gem lettuce.
Pulled brisket panini 12.95 Brisket beef coated in a honey barbecue sauce, topped with Cheddar cheese and pickled red onion.	

Add chips  or sweet potato fries  for 2.50

SOUP

SERVED BETWEEN 12 NOON AND 5PM

Homemade soup of the day  7.95 With sourdough boule.
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SALADS

Crispy chicken salad 13.95 Panko fried chicken on a baby spinach and rocket salad, topped with spicy ranch dressing, shaved Italian-style cheese, cherry tomato and red onion.
Avocado and quinoa salad  13.95 Toasted pine nuts, crushed avocado, sweet potato, chickpeas, broccoli, red onion, baby leaves, baby kale and cherry tomato with raspberry vinaigrette.
Fivemiletown goat's cheese and Clonakilty black pudding salad 16.50 Grilled goat's cheese with black pudding, pickled baby beets and toasted walnuts on balsamic-dressed mixed baby leaves.

SIDES

Hand cut chips  4.95
Sweet potato fries  4.95
Baby leaf salad  4.95
Honey roast vegetables  4.95
Crispy onion rings  5.95
Garlic bread  5.95
Cheesy garlic bread  7.50
Bread and butter  2.25

SPORTS CAFÉ BURGERS

Sports Café classic 5oz beef burger 16.50 A 5oz Irish beef burger, lettuce, tomato, red onion, gherkin and Sports Café burger sauce on a black sesame sourdough bun. Served with crispy chips and coleslaw.
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Buttermilk chicken burger 17.95 Freshly fried buttermilk chicken, chipotle mayo, crushed avocado, streaky bacon and Emmental cheese on a black sesame sourdough bun. Served with crispy chips and coleslaw.
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Add cheese 1.00
Add bacon 2.50
Upgrade to sweet potato fries 1.50

MAKE IT VEGAN:

Moving Mountains vegan burger  16.50 Freshly grilled to order, served in a linseed bun with lettuce, tomato, red onion and vegan burger sauce, with our homemade vegan coleslaw and crispy chips.

Add vegan cheese 1.00
Upgrade to sweet potato fries 1.50

SMALL BOWLS

Small bowls are made for sharing!
We recommend 2-3 dishes per person.

3 BOWLS 24.95



5 BOWLS 37.50

- Garlic bread** 5.95
- Cheesy garlic bread** 7.50
- Chicken wings** 8.95
Freshly cooked crispy chicken wings, coated with your choice of sauce:
Honey BBQ sauce | Sriracha and garlic sauce

- Cauliflower wings** 8.25
Move over chicken; there's a new wing on the block. Crispy battered cauliflower coated with your choice of sauce:
Honey BBQ sauce
Sriracha and garlic sauce



- Calamari** 10.50
With creamy lemon aioli and fresh lime.
- Crispy sweet potato falafel** 8.95
With Middle Eastern garlic sauce.
- Crispy chips and selection of dips** 8.25
With lemon aioli, warm cheese dip and sriracha and garlic sauce.
- Crispy panko chicken tenders** 8.95
With shaved Italian-style cheese and sweet chilli mayonnaise.
- Crispy onion rings** 5.95

- Korean-style pork belly pieces** 8.95
In a Korean-style barbecue sauce.



LOADED FRIES

GREAT FOR SHARING

- Loaded fries** 11.95
With crispy bacon, crispy onion, cheese sauce and melted cheese.
- Spicy loaded fries** 12.95
With crispy bacon, crispy onion, jalapeños, sriracha sauce, cheese sauce and melted cheese.
- Vegetarian loaded fries** 10.95
With crispy onion, sliced peppers, cheese sauce and melted cheese.
- Vegetarian spicy loaded fries** 11.95
With crispy onion, jalapeños, sliced peppers, sriracha sauce, cheese sauce and melted cheese.

- Katsu loaded fries** 12.95
With crispy chopped chicken pieces and Katsu curry sauce, topped with finely sliced spring onions.



WE RECOMMEND

SPORTS CAFÉ CLASSICS

- Beer battered fish and chips** 19.95
Haddock or cod (depending on what the fishermen have caught – ask your server for today's fish) battered in a crispy coating, served with chips, your choice of garden or mushy peas, fresh lemon and tartare sauce.
- Scampi and chips** 17.50
Served with tartare sauce, fresh lemon and your choice of garden or mushy peas.
- Chickpea, baby spinach and sweet potato korma** 15.50
A rich and flavourful korma served with fragrant basmati rice, natural yoghurt and poppadum. Garnished with ground almonds.
- Crispy breadcrumb lemon and garlic chicken** 17.95
Succulent breaded chicken served with garlic and rosemary potatoes, fine beans and a creamy wild mushroom sauce.
- Traditional cottage pie** 15.50
A hearty cottage pie with a creamy mash topping, served with honey and thyme roasted vegetables.

GLUTEN FREE MENU

Please let your server know if you're ordering from our gluten-free or vegan menus

SANDWICHES & SOUP

SERVED BETWEEN 12 NOON AND 5PM

Homemade soup of the day **V** 7.95
With brown or white gluten-free bread.

All our Sports Café sandwiches are served with coleslaw and crisps.

Crushed avocado, roast cherry tomato and grilled peppers **V** 10.50
Served as an open sandwich on brown or white gluten-free bread.

Toasted special 11.95
Honey roast ham, cheddar cheese, plum tomato and red onion toasted sandwich on brown or white gluten free bread.

Add chips **V** or sweet potato fries **V** for 2.50

SPORTS CAFÉ BURGERS

Sports Café classic 5oz beef burger 16.50
A 5oz Irish beef burger, lettuce, tomato, red onion, gherkin and Sports Café burger sauce on a gluten-free bun. Served with crispy chips and coleslaw.

Add cheese 1.00
Add bacon 2.50
Upgrade to sweet potato fries 1.50

SIDES

Hand cut chips **V** 4.95
Sweet potato fries **V** 4.95
Baby leaf salad **V** 4.95
Honey roast vegetables **V** 4.95
Gluten free bread and butter **V** 2.25

SMALL BOWLS

GREAT FOR SHARING

Chicken wings 8.95
Freshly cooked crispy chicken wings, coated with your choice of sauce:
Honey BBQ sauce | Sriracha and garlic sauce **V**

Korean-style pork belly pieces 8.95
In a Korean-style barbecue sauce.

SALADS

Avocado and quinoa salad **V** 13.95
Toasted pine nuts, crushed avocado, sweet potato, chickpeas, broccoli, red onion, baby leaves, baby kale and cherry tomato with raspberry vinaigrette.

SPORTS CAFÉ CLASSICS

Gluten-free beer battered fish and chips 19.95
Haddock or cod (depending on what the fishermen have caught – ask your server for today's fish) battered in a gluten-free crispy coating, served with chips, your choice of garden or mushy peas, fresh lemon and tartare sauce.

Chickpea, baby spinach and sweet potato korma **V** 15.50
A rich and flavourful korma served with fragrant basmati rice, natural yoghurt and poppadum. Garnished with ground almonds.

Traditional cottage pie 15.50
A hearty cottage pie with a creamy mash topping, served with honey and thyme roasted vegetables.

LOADED FRIES

Loaded fries 11.95
With crispy bacon, cheese sauce and melted cheese.

Spicy loaded fries 12.95
With crispy bacon, jalapeños, sriracha sauce, cheese sauce and melted cheese.

Vegetarian loaded fries **V** 10.95
With sliced peppers, cheese sauce and melted cheese.

Vegetarian spicy loaded fries **V** 11.95
With jalapeños, sliced peppers, sriracha sauce, cheese sauce and melted cheese.

V - Vegetarian

All of our Gluten Free items are suitable for guests with coeliac disease, but due to the ingredient production process may not be suitable for those who are allergic to cereal proteins.

VEGAN MENU

Please let your server know if you're ordering from our gluten-free or vegan menus

SANDWICHES

SERVED BETWEEN 12 NOON AND 5PM

Our Sports Café sandwich is served with vegan coleslaw and crisps.

Crushed avocado, roast cherry tomato and grilled peppers 10.50
Served as an open sourdough sandwich.

Add chips or sweet potato fries for 2.50

SPORTS CAFÉ CLASSICS

Chickpea, baby spinach and sweet potato korma 15.50
A rich and flavourful korma served with fragrant basmati rice and poppadum. Garnished with ground almonds.

SALADS

Avocado and quinoa salad 13.95
Toasted pine nuts, crushed avocado, sweet potato, chickpeas, broccoli, red onion, baby leaves, baby kale and cherry tomato with raspberry vinaigrette.

SIDES

Hand cut chips 4.95
Sweet potato fries 4.95
Baby leaf salad 4.95
Bread and vegan spread 2.25

SMALL BOWLS

GREAT FOR SHARING

Cauliflower wings 8.25

Move over chicken; there's a new wing on the block. Crispy battered cauliflower coated with your choice of sauce:

BBQ sauce
Sriracha and garlic sauce



Crispy sweet potato falafel 8.95

With Middle Eastern garlic sauce.

SPORTS CAFÉ BURGERS

Moving Mountains vegan burger 16.50

Freshly grilled to order, served in a linseed bun with lettuce, tomato, red onion and vegan burger sauce, with our homemade vegan coleslaw and crispy chips.

Add vegan cheese 1.00
Upgrade to sweet potato fries 1.50

DESSERTS

Please let your server know if you're ordering from our gluten-free or vegan menus

One Scoop
4.50

Two Scoops
5.95

Three Scoops
7.50

VEGAN ICE CREAM **VE GF***

Vegan vanilla

SORBET **VE GF***

Raspberry sorbet

Lemon sorbet

KELLY'S ICE CREAM **V GF***

Chocolate

Strawberry

Salted caramel

Vanilla

Bubblegum

Toffee fudge

Mint chocolate chip

Oreo cookies and cream pie **V**

8.95

An Oreo cookie pie with a crispy almondy base, white and milk chocolate cream and studded with Oreo chunks. Finished with dark chocolate drizzle.

Strawberries and cream cheesecake

7.95

Light strawberry cheesecake with a crisp and chewy base, with whipped cream and strawberry sauce.

Sticky toffee pudding **V**

7.95

A nostalgic childhood favourite - a soft toffee sponge with a warm caramel sauce.

Lemon meringue pie **V**

7.95

Sharp and tangy lemon curd topped with a sweet and soft glazed meringue, served with whipped cream.

Daim bar cake **V GF***

7.95

Layers of almond sponge, golden cream and crunchy almond caramel, smothered in smooth milk chocolate and served with whipped cream, vanilla ice cream and chocolate sauce.

Lotus Biscoff sundae **V** 7.95

Layers of crushed Lotus Biscoff, vanilla and salted caramel ice cream, Lotus Biscoff dessert sauce and whipped cream, finished with a Lotus Biscoff biscuit.



CHILDREN'S MEAL DEAL

DESSERTS

Jelly and vanilla ice cream **GF*** 4.50

Chocolate brownie with vanilla ice cream **V** 4.95

Fruit salad with vanilla ice cream **V VE* GF*** 3.75

Rocky road sundae 4.25

with vanilla and chocolate ice cream, Maltesers, marshmallows, cream and chocolate sauce.



V - No meat or Fish, GF* - Ask for Gluten Free, VE* - Ask for Vegan

Allergens: We use ingredients containing allergens as part of the preparation of food in all of our eateries. We also cook different foods with the same equipment. It is not possible to guarantee that any product is 100% free from any allergen due to the risk of cross-contamination in our kitchens. Intended allergen ingredient information for all items on our menu is available on our allergen portal via our QR code. We cannot make changes to our menu items and currently do not provide details of any 'may contain' allergen statements. If this causes you concerns due to the severity of your allergy, please consider carefully before ordering. We are reviewing how we improve this in future. *Some of our meat/fish dishes may contain bones *All our beef is of Irish origin. All of our Gluten Free items are suitable for guests with coeliac disease, but due to the ingredient production process may not be suitable for those who are allergic to cereal proteins. **IRE**